

# JUNE 2023 NEWSLETTER

## N'Quatqua Band/Health Station

Jenn Levine/Reception ext.221

Email: [jennifer.levine@nquatqua.ca](mailto:jennifer.levine@nquatqua.ca)

Deadline for next newsletter will be:

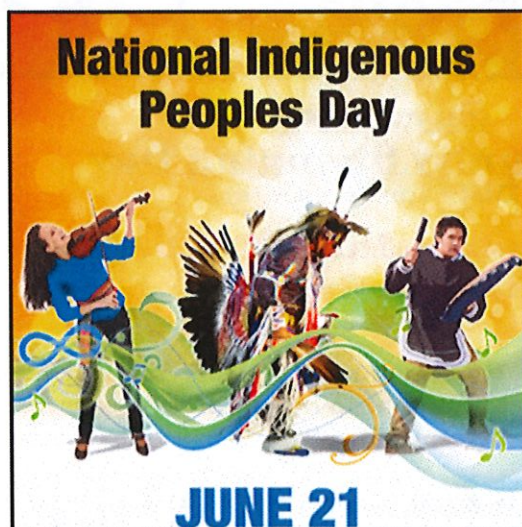
Wednesday- JULY 5, 2023

If you have any important information or suggestions for the newsletter you would like to share please contact the Band & Health Station at the front desk during office hours or email me before the deadline.

### N'Quatqua Band & Health Station

**OFFICE CLOSED**

**Wednesday- June 21<sup>st</sup>, 2023**  
**(National Indigenous Peoples Day)**



**OFFICE RE-OPEN**

**Thursday- June 22<sup>nd</sup>, 2023**

From N'Quatqua Band Staff.



Band Office Box 88  
Health Office Box 100  
D'Arcy, B.C. Canada

V0N-1L0

120 Casper Charlie Place

Toll free # 1-800-933-0323

Band Office Phone & Fax

(604) 452-3221 (P)

(604) 452-3295 (F)

Health Office Phone & Fax

(604) 452-3290 (P)

(604) 452-3280 (F)

Office Hours

Monday- Thursday

9:00am-4:30pm

Lunch

12:30pm-1:00pm

N'Quatqua Band & Health Station

**OFFICE CLOSED**

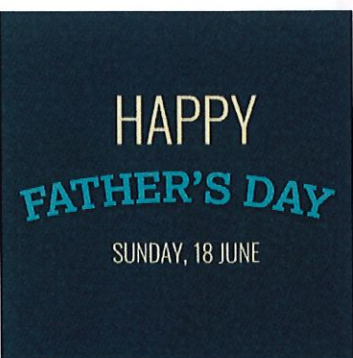
**Monday- July 3<sup>rd</sup>, 2023**  
**(In Lieu of Canada Day)**



**OFFICE RE-OPEN**

**Tuesday- July 4<sup>th</sup>, 2023**

From N'Quatqua Band Staff.





## Social Development Worker- Sylvia Patrick

**\*\*Friendly Reminder to Social Assistance Clients\*\***

Renewals & Utility bills are due: Monday- June 19, 2023

(Renewal slips can be found at the Band/Health Station table)

Direct Deposit/Cheque: Wednesday- June 28, 2023

If you have any questions,  
comments or concerns please  
give me a call. Thank-you,

Sylvia Patrick  
Social Development Worker  
(604) 452-3221 ext. 224  
sylvia.patrick@nquatqua.ca



Squamish  
Community Shopping Day  
(BUS- limited seats)

**Wednesday- June 28<sup>th</sup>, 2023**  
**leave at 8:00am**

Please phone the N'Quatqua Band & Health Station  
to put your name on the list.  
(604) 452-3221

\*Friendly reminder there is zero tolerance of any Drugs, alcohol and  
marijuana permitted on the Band Vehicles\*

**\*\* Must wear a face mask on Band Vehicles\*\***



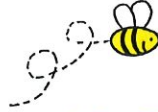


# CHR Corner



Office Closed: June 21, 2023

Food Coupon:



Ready for pick up on June 15, 2023

Milk Program:



Wednesdays, June 14 and 28th, 2023

\*\*\*\*\*

## Squamish Shopping Trip

June 28, 2023

Please sign up with the Front desk

Seats are limited



\*\*\*\*\*

June 26, 2023

Neena Deol a Registered Dental Hygienist will be in community for cleanings, check ups and other services. Please call the CHR for an appointment with Neena.

Limited appointments available for each visit.

\*\*\*\*\*

Registered Physiotherapist

Lindsay will be in community on June 14 and 28, 2023

Please call the CHR to Book an appointment with Lindsay (604) 452-3290

45 minute appointments available for community members.

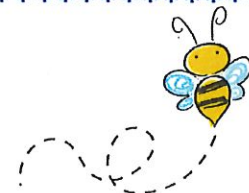
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Nurse Practitioner Erica Vanzanten

Erica will be in Community on June 6th, 2023

Erica will be on Holidays from June 15 to July 10, 2023

Please call the Pemberton Health Centre for an appointment at (604) 894 6454





## N'Quatqua Tenquille Camping trip

N'Quatqua Tenquille Community Camping  
Leave on the July 6th  
Return on July 8th, 2023

### Express of Interest

If you would like to participate,  
please sign up with CHR by June 19th, 2023

Members are required to have camping equipment  
Cabin will be available for this trip.  
Basic food will be Provided.



## N'Quatqua Lost Valley Camping trip

N'Quatqua Lost Valley Community Camping  
Leave on the July 27  
Return on July 30th, 2023

### Express of Interest

If you would like to participate,  
please sign up with CHR by July 6th, 2023

Members are required to have all camping equipment/  
gear for this trip.  
Basic food will be Provided.



## N'Quatqua Barkley Valley Camping trip

N'Quatqua Barkley Valley Community Camping  
Leave on the August 17th  
Return on August 20th, 2023

### Express of Interest

If you would like to participate,  
please sign up with CHR by August 3rd, 2023

Members are required to have all camping equipment  
and hike with gear.  
Basic food will be Provided.





# Arranging Your SSHS Patient Travel

## How do I arrange SSHS Patient Travel?

First, make your medical or dental appointment. Get a confirmation of your appointment from your doctor. This can be a fax, an email, a picture of an appointment card, or a screenshot.

Many offices, like the Pemberton Medical Clinic, allow you to make appointments online, as well as by phone or in-person. If you require any assistance making an appointment, please contact your Community Health Representative (CHR).

Once you have a doctor's confirmation of your appointment, call your CHR right away.

Send your doctor's appointment confirmation to your CHR. Your CHR will attempt to arrange transportation from within your community. If your CHR is unable to find transportation within your community, they will contact SSHS to make alternate arrangements. We respectfully ask that only CHRs contact SSHS to arrange Patient Travel.

## How do I arrange After Hours Patient Travel?

Contacting your CHR is **not** required when there is a need for After Hours Patient Travel after hours, weekends, or holidays. You will need to provide information as to why you require transportation.

Contacts for After Hours Patient Travel:

### Sally Peters

Cell: 778-916-5456

FB: Sshs Front Desk

### Julia Schneider

Cell: 604-966-1228

FB: Julia SSHS Schneider

Shared email: [patient.travel@sshs.ca](mailto:patient.travel@sshs.ca)

## Can I bring an escort?

You can request an escort if you are:

- A minor
- An Elder
- Undergoing a procedure that will result in you needing assistance to do daily life activities
- s to give birth
- Living with a disability
- Regularly need assistance performing life activities such as dressing, eating and bathing

## SSHS Patient Travel policies

SSHS will not provide Patient Travel service to you if you are:

- Under the influence
- Have symptoms of any type of sickness
- Disrespectful and creating an unsafe workplace environment for the driver
- Have already received patient travel benefits from your band

## Important things to note

- If you miss an appointment you will be responsible for any cancellation fees.
- 24 hours notice is required if you decide to cancel your transportation request.
- You must be living in N'Quatqua, Skatin, Samahquam or Xa'xtsa to access to SSHS Patient Travel



Southern Strait  
Health Society

This handout is current as of June 7, 2023.





First Nations Health Authority  
Health through wellness

# N'Quatqua IWS (Independent well system)

## Testing on July 26th and 27th, 2023

FNHA has requested that all independent well systems be tested for a base level for Minerals. The FNHA - EHO

*Joanne Chang* and *Jody Newman* will be in Community on July 26th and 27th, 2023 to test the well systems, with James Gellatly and Duane Thevarge.

This test will take about 20 minutes for each house.

Please call the CHR to schedule a time that works best for you.

(604) 452-3221


As part of FNHA Drinking Water Safety Program, the N'Quatqua and Devine community water systems have been routinely sampled to support the community members in accessing safe and reliable drinking water. This year FNHA would also like to include the sampling of all the individual water systems to ensure health risk assessment can be provided to private well owners and N'Quatqua administration in a timely manner. The sampling parameters include total coliforms, *E.coli*, general chemistry and total metals. Aside from sampling, general information pertaining to the private well would also be collected such as the name of the registered owner, address, source type and the number of connections. The time frame for sampling would likely fall between July to October depending on the home residents' availability. Should you have any questions, please contact your Community Health Representative, Nicole Patrick, or FNHA Environmental Health Officer, Joanne Chang, at [joanne.chang@fnha.ca](mailto:joanne.chang@fnha.ca). Thank you."




YOU'RE INVITED

# CHAIR Yoga

N'Quatqua Health Station  
Every Mon. & Thurs at 10am



# Chair Exercise



Where: N'Quatqua Health Station Boardroom  
When: Every Wednesday Morning  
10 am  
Starting: May 3, 24<sup>th</sup>, 31<sup>st</sup>  
Come in comfy clothes, bring own water bottle.

## Social Craft Night

Bring your own crafts



\* Bring your own crafts you would like to work on and come and be social, visit, share, help each other out.

Wednesday- June 7th & 14th  
7:00pm  
N'Quatqua Band office  
Boardroom

Snacks, drinks provided

Community Wellness Worker: Adele Fletcher



## DRUMMING NIGHT

MONDAY'S  
JUNE 5<sup>TH</sup> & 19<sup>TH</sup>

Start: 5:00 pm  
Band/Health Station  
Outside

Come on out for some drumming and singing, fun for the whole family.

Water/snacks provided  
Bring your own lawn chair/coffee cup

Adele Fletcher/Wellness Worker





## Emails for N'Quatqua Band Staff

Phone: (604) 452-3221 & (604) 452-3290

Fax: (604) 452-3295 & (604) 452-3280

### N'Quatqua Band/Health Station Staff emails

Reception- Jenn Levine	ext.221	jennifer.levine@nquatqua.ca
Community Health Representative- Nicole Patrick	ext.222	nicole.patrick@nquatqua.ca
Elders Coordinator- Sharleen Patrick	ext.222	Sharleen.patrick@nquatqua.ca
Family Support- Victoria McDonald	ext.223	victoria.mcdonald@nquatqua.ca
Social Development- Sylvia Patrick	ext.224	sylvia.patrick@nquatqua.ca
Lands & Resource Dept.- Dennis Silzer-Smith	ext.225	dennis.silzer-smith@nquatqua.ca
Accounting- Kristy Stowell	ext.226	kristy.stowell@nquatqua.ca
LSTC Projects & Accounting Specialist- Linda Brown		linda.brown@lstc.ca
Band Admin. Assistant - Chantel Thevarge	ext.227	chantel.thevarge@nquatqua.ca
LSTC Chief Administrative Officer- Sheldon Dowswell		Sheldon.dowswell@lstc.ca
Band Administrator- N/A		
Wellness Worker- Adele Fletcher		adele.fletcher@nquatqua.ca
Chief- Micah Thevarge		micah.thevarge@nquatqua.ca
Councillor- Doris Peters		doris.peters@nquatqua.ca (604) 862-0532
Councillor- Dennis Silzer-Smith		dennis.silzer-smith@nquatqua.ca
Councillor- Korie Stowell		korie.stowell@nquatqua.ca
Housing Coordinator- Jason Bob		jason.bob@nquatqua.ca

### Operation & Maintenance

Fire Dept.- Duane Thevarge	duane.thevarge@nquatqua.ca
Water Works- James Gellatly	james.gellatly@nquatqua.ca

### Education Trailer (604) 452-3291

Education Coordinator & employment- Julie Thevarge	julie.thevarge@nquatqua.ca
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### N'Quatqua Child & Family Development Centre emails (604) 452-3584

Anita Patrick- Director	anita.patrick@nquatqua.ca
Sylvia Levine- ECE, Infant Toddler Educator, Special Needs Educator	sylvia.levine@nquatqua.ca
Ryan Peters- Early Childhood Educator Assistant	ryan.peters@nquatqua.ca
Rechelle Patrick	
Eunice Sam	
Rena Patrick	



## RAFFLE

-2 Canoes (yellow ticket)

-5 Kayaks (pink ticket)

-7 Stand up paddle board (white ticket)

(each draw will come with 1 life jacket, and you pick what raffle you want)

**Total Draws: 14**

N'Quatqua Band members only can purchase tickets

**Contact N'Quatqua Band office  
during office hours: Mon-Thurs 9am-4:30pm  
\$10.00 a ticket**

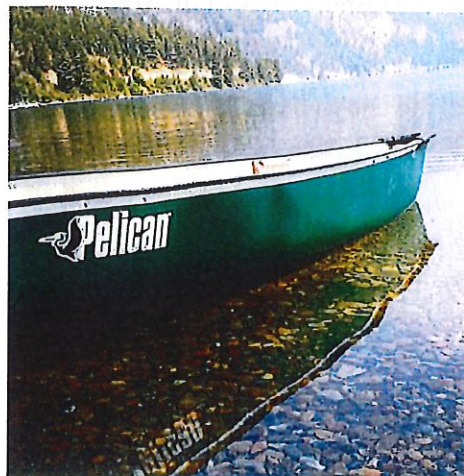
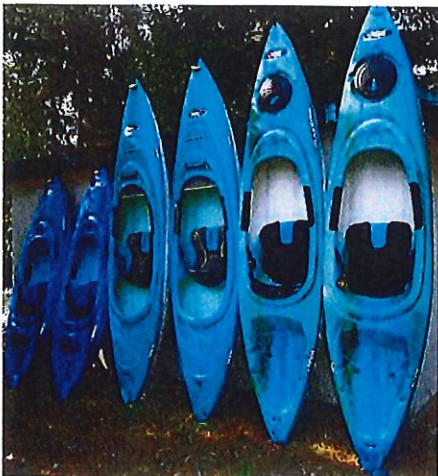
**EMT ONLY: [band@nquatqua.ca](mailto:band@nquatqua.ca)**

Please put in the message: which one you would like to purchase,  
canoe, kayak, sup!

(monitored by Lands Dept. & Front Desk)

Any questions contact: Lands Dept- Dennis Silzer-Smith (604) 452-3221/3290  
all proceeds will go towards the elders and youth funds

**Draw Date: Thursday June 22<sup>nd</sup>, 2023  
At the N'Quatqua Bandoffice**







# N'QUATQUA

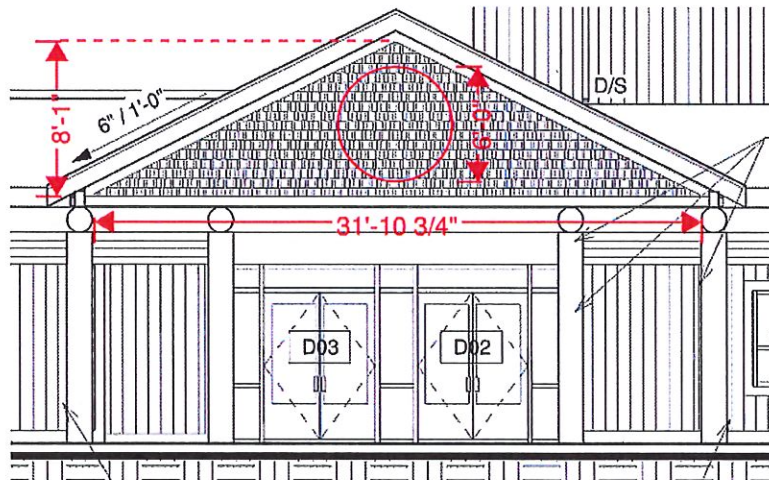
120 Casper Charlie Place  
P.O. Box 88, D'Arcy, BC V0N 1L0  
Phone (604) 452-3221 Fax (604) 452-3295

## CALL FOR SUBMISSIONS: Attention N'Quatqua Artists – Multiplex Front Sign

### Description:

N'Quatqua Chief and Council is looking for a talented local artist to create a band-inspired sign to adorn the front of the new multiplex. Interested artists are encouraged to read the below, and reply with a brief description of their idea. Sample sketches are also encouraged. All submissions can be directed via email to [chantel.thevarge@nquatqua.ca](mailto:chantel.thevarge@nquatqua.ca).

### Format:



Chief and Council is requesting that all submissions for the Multiplex Front Sign feature a rendition of the N'Quatqua Logo, comprised within a 6' circle, to be mounted on plywood or something similar. Three dimensional works (such as metal, glass, or other mediums) will be considered, so long as they can be mounted within the 6' circumference noted above.

### Compensation:

The chosen artist will be remunerated \$5,000 for their piece. Please keep this budget in mind when submitting, as all costs will be the responsibility of the artist.

### Deadline for applications:

All submissions must be received to the email above, by **June 30, 2023**.

Chief and Council will review all applications once received, and inform the chosen artist by **July 4th, 2023**.

### Deliverable Date:

Chief and Council will expect to take delivery of the completed sign by **September 5<sup>th</sup>, 2023**.





# N'QUATQUA

120 Casper Charlie Place  
 P.O. Box 88, D'Arcy, BC V0N 1L0  
 Phone (604) 452-3221 Fax (604) 452-3295

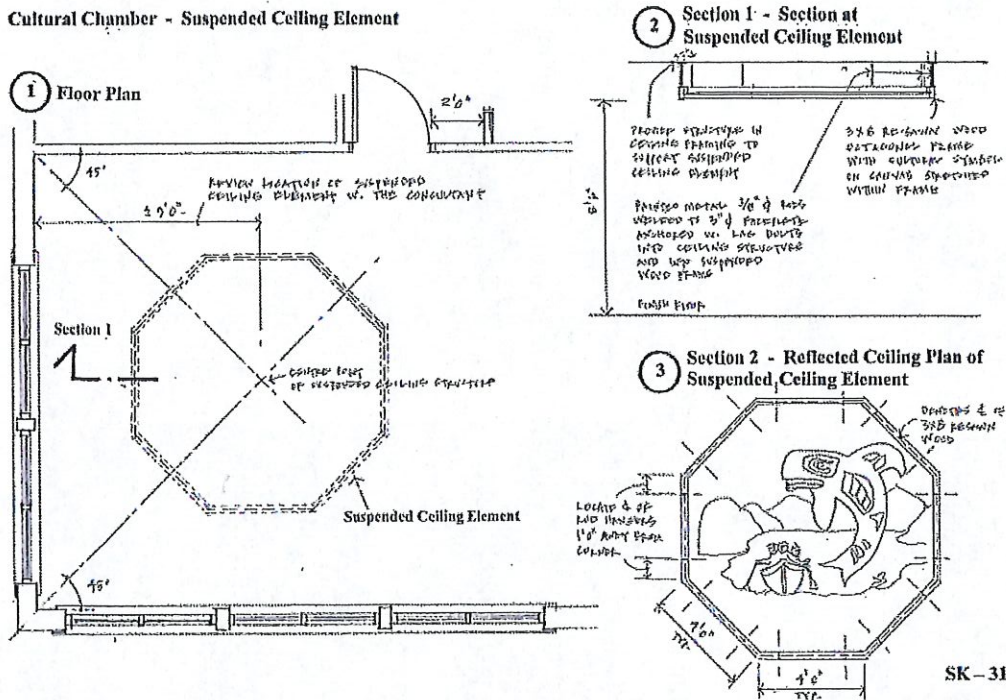
## CALL FOR SUBMISSIONS: Attention N'Quatqua Artists – Cultural Chambers Hanging Element

### Description:

N'Quatqua Chief and Council is looking for a talented local artist to create a cultural piece to hang from the ceiling of Chief and Council's cultural chambers, located within the new Multiplex. Interested artists are encouraged to read the below, and reply with a brief description of their idea. Sample sketches are also encouraged. All submissions can be directed via email to [chantel.thevarge@nquatqua.ca](mailto:chantel.thevarge@nquatqua.ca).

### Format:

#### Cultural Chamber - Suspended Ceiling Element



A combination of metal, wood, and glass are the preferred vision of Chief and Council, however this call for submissions is open to all ideas. All formats will be considered, so long as they fall within a 4' sided hexagonal area, so as to be able to mounted from the ceiling. An example provided by the multiplex architect can be seen above. The piece should reflect N'Quatqua past, present, and future as perceived through the artist's interpretation.

### Compensation:

The chosen artist will be remunerated \$7,500 for their piece. Please keep this budget in mind when submitting, as all costs will be the responsibility of the artist.





## N'QUATQUA

120 Casper Charlie Place  
P.O. Box 88, D'Arey, BC V0N 1L0  
Phone (604) 452-3221 Fax (604) 452-3295

Deadline for applications:

All submissions must be received to the email above, by **June 30, 2023**.

Chief and Council will review all applications once received, and inform the chosen artist by **July 4th, 2023**.

Deliverable Date:

Chief and Council will expect to take delivery of the completed piece by **September 5th, 2023**.

### The UA **Piping Industry** College of BC

## TRADES AWARENESS **PROGRAM**

Learn about the different trades  
in the construction industry

### **PIPING, WELDING, SAFETY TRAINING, AND ESSENTIAL SKILLS**

Training allowance: steel toe boots, lunches & transportation provided.

Program requirements:

Reside in community, Indigenous ages 17 & up

Unemployed, or under employed

Seats 8-10

Time 9 am - 3pm Monday to Friday

Register with Julie Thevarge by June 28th, 2023 3 pm.

## July 24th - Aug 18th

Location: N'quatqua Education building

**TUITION  
FREE**



**FOR MORE INFORMATION  
CONTACT**

**JULIE THEVARGE 604-452-3291  
JULIE.THEVARGE@NQUATQUA.CA**








**N'Quatqua Child & Family Development Centre**

604-452-3584

June 18th Fathers Day : Love & Hugs and Appreciation

<p><b>Please sign in when you come into our building, sanitize, continue to be <u>COVID</u> safe</b></p> <p align="center">*</p> <p><b>Afterschool Program hours 10am-4:45pm except on Pro -D days then its 8:30-4:15pm</b>  <b>Bring extra changings</b></p>	<p><b>Kate &amp; Pippa will be here on June 5th.</b></p> <p><b>We had an amazing Canada EHO Inspection with two items: change a light bulb and change a sign. We work hard to meet and raise the standard to our Beautiful Center. Our fire extinguishers are refreshed again.</b></p>	<p><b>Seeking On call workers:</b>          604-452-3584</p> <p>Food Safe, First Aid, Criminal Record Check. (from the Criminal Record Check Program in Victoria) is required to work in this licensed facility.</p>
<p>-Please let us know who is picking up your child and ensure they are on your <u>emergency pick up list</u>, call us if you need to update it. Let your contacts know they are on this list too, <u>we need working phone numbers to call you</u></p>	<p><b>Thank you To Randy Smith for coming and keeping our grounds safe and tidy, we so appreciate it.</b></p>	<p>★ RA's, ECE's , IT's, SN certified on-call workers</p>
<p>Extra clothes please for cubbies, sometimes we need socks and undies for their cubbies with shorts and tshirt</p>	<p><b><u>Summer Solstice Ceremony</u></b>  <b>If there is a fire restriction in place we will hang our tobacco ties or have an alternative site on Tuesday June 20th in appreciation as Solstice in on June 21st and we will post as we get closer to the day.</b></p>	<p><b>Happy Fathers' Day to all our Dads, grampa's, uncles, step dad's and our single mom's. Blessings are sent your way with appreciation and love</b></p>
<p align="center">               ★  <b><u>Happy Birthday</u></b>  <b>Morgan June 11th</b>  <b>Jivon June 16th</b>  <b>Shay June 20th</b>  <b>Gary June 21st</b>  <b>Alyssa June 26th</b> </p>	<p>Thank you to Gerald Gabriel for helping us with our Raspberry Patch and preparing our Strawberry Patch in the garden boxes. It's exciting to have fresh berries for a snack.</p> <p align="center">  </p> <p>We are hoping to have pumpkins put in for a pumpkin patch visit this fall in the community garden</p>	<p><b>Our 2 Coho are still growing despite the power outages. Hungry little fellas.</b></p> <p align="center">*</p> <p><b>Please call or message us if your child is going to be away so we can open space for another child.</b></p>

# Parent tot – Walking Program

June 2nd, 16th, 23rd, 30th

N'Quatqua Child and Family Development Center

Start: 9:00am to 11:00am

Open to everyone with children age 0 to 6 years

The program will run rain or shine, our bathrooms are available to use.  
We will meet in the front yard of the infant toddler play area at 9am to 10am where there will be coffee, tea, hot chocolate and a light snack set up outside.  
(bring your own to go mug)

We will leave at 10am for our 1 hour walk.

If you are running a few minutes late call the center to let me know.





First Nations Health Authority  
Health through wellness

# Drinking Water Safety

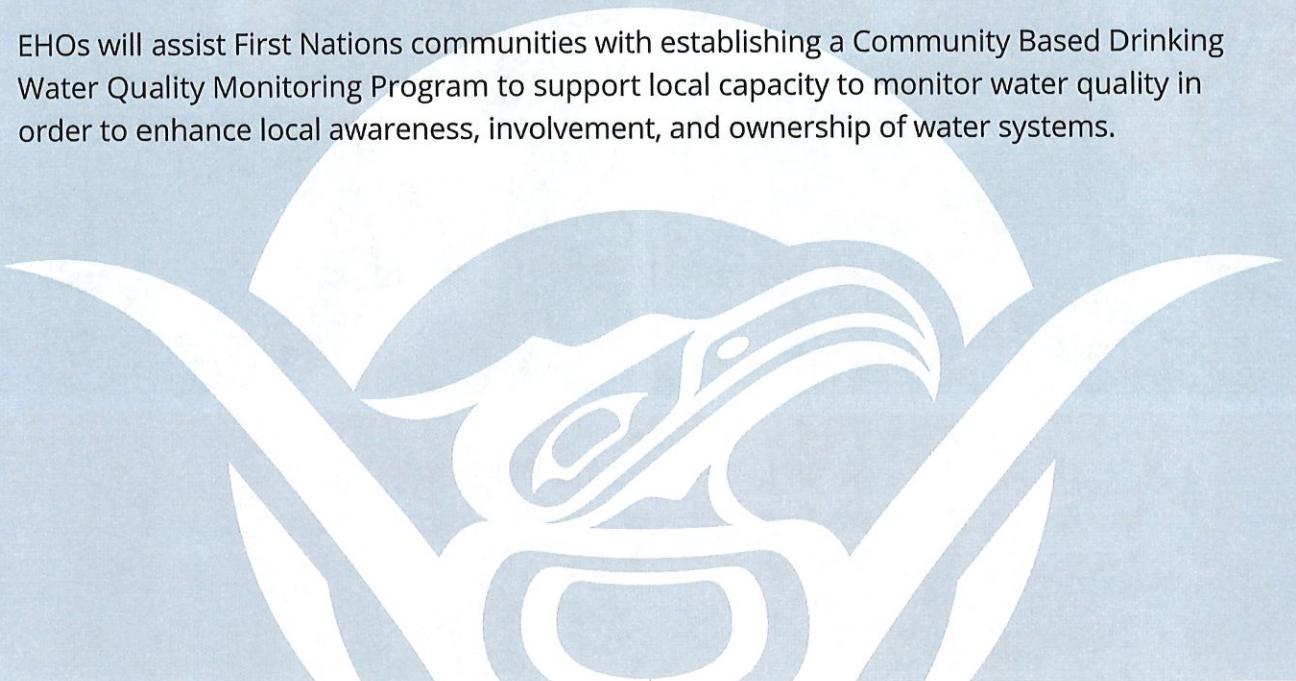
## FNHA Drinking Water Safety Program

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The FNHA Drinking Water Safety Program (DWSP) works in partnership with First Nations communities to support access to safe and reliable drinking water from their community water systems. As part of the DWSP team, Environmental Health Officers (EHOs):

- Inspect drinking water systems and test drinking water quality to meet the *Guidelines for Canadian Drinking Water Quality*.
- Interpret drinking water quality results.
- Provide advice, guidance and recommendations to First Nations communities pertaining to drinking water safety issues such as boil water advisories (BWA), do not consume advisories (DNC) or do not use (DNU) advisories.
- Provide training for Community Based Water Monitors (CBWMs).
- Review plans for new or upgraded community water systems from a public health perspective.
- Provide information and support on safe drinking water practices and prevention of risks to Chief and Council and community members.
- Investigate water borne illnesses.

EHOs will assist First Nations communities with establishing a Community Based Drinking Water Quality Monitoring Program to support local capacity to monitor water quality in order to enhance local awareness, involvement, and ownership of water systems.





# Community Based Drinking Water Quality Monitoring Program

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Community Based Drinking Water Monitors (CBWM) play a key role in the Drinking Water Safety Program as the designated person responsible for sampling, testing, recording and communicating the microbiological quality of drinking water within the community. The CBWM is also responsible for distributing results and may assist with developing and carrying out a drinking water quality awareness program.

The CBWM may be a Community Health Representative (CHR), Water Treatment Plant Operator (WTPO), or another individual selected by the Band. If a community does not have a CBWM, the activities may be completed by the FNHA Environmental Health Officer or an FNHA Environmental Health Technician.

Environmental Health Officers train CBWMs to sample and test the drinking water for potential microbial contamination using community lab equipment (Colilert®). WaterTrax®, an internet-based data management system, is used to securely manage all drinking water quality data to which the CBWM, Band Health Directors, and the Drinking Water Safety Program (DWSP) team have access.



For more information about Drinking Water Safety,  
please contact your Environmental Health Officer or visit our website:  
[www.fnha.ca/what-we-do/environmental-health](http://www.fnha.ca/what-we-do/environmental-health)



## **Medication Return Event Grant**

The First Nation's Health Authority (FNHA) launched the Medication Return Event (MRE) grant program in 2018. First Nations Communities within British Columbia (BC) are eligible to apply for \$500 in grant funding to use towards hosting an event to dispose of expired or unused medication.

The MRE grant program seeks to support First Nations Communities with the safe disposal of expired or unused medications. Candy-Lea Chickite, Project Analyst at the FNHA, works directly with communities to organize and deliver MRE funding. Over the past two years, the FNHA has funded over 60 events across BC. One of the community partners is Tami Compton, Health Manager at K'omoks First Nation. In a conversation about the most recent MRE, Compton stated that, "Removing expired or unused medication is very important- especially if you have young children, teenagers and elderly with dementia- it helps keep your home safe".

Chickite also noted that the importance of these events is to not only ensure proper disposal of medications to keep members safe, but to protect the environment. She stated, "The idea was that if there are expired medications, including opioids, it's important to have a place for disposal for community members and environmental safety". Compton echoed this sentiment: "It's also about the environment. A lot of people in the past have flushed medications but that's not a safe way to dispose of them". The funding helps to support a safer process for disposing medication that could be potentially harmful for community members and the environment.

Chickite said that some communities have combined the MRE grant funding with another event. From Chickite's own experience, "These events are really fun, while also being educational and keeping community members safe". Compton added that K'omoks has now held three events, and at the latest one, they turned it into a mini health fair where people could return their medication and have their medication reviewed by pharmacists. She stated that, "Now that the community is educated about the importance of safe disposal, I have members asking me about when the next events are".

In the midst of the toxic drug crisis, removal of medication is more important than ever. Ktunaxa Nation Health Clinic, which serves urban Indigenous folks in the Cranbrook area created their own MRE. The community shared that their event included a "Snack, Learn & Return" day that included a snack, an information booth about medication safe return, FAQs, and how this relates to harm reduction and environmental stewardship. The organizer there wrote, "We had a lot of the FNHA Indigenous Harm Reduction handouts/info sheets available and these were good conversation starters".

Chickite shared that communities have reported overwhelmingly positive responses to the events. N'Quatqua First Nation hosted their own event and saw the return of the majority



of medication from the relatives that have lost Elders in the community. Chickite added that, "After holding on to the medication for some time, the event was seen as a great opportunity to dispose of it. There were comments made that having the event in-community provided the opportunity to dispose of medication without judgement".

To illustrate that, Squiala First Nation's event brought in 25 lbs of prescription and over-the-counter medication for safe disposal.

In sharing a message to communities, Chickite said, "We want people to know that the funding is available and that these events can be a really fun opportunity to connect, while also being informative". Compton concluded that, "It's all about our future generations and bringing them up in a healthy and safe environment".

For more information about the MRE grant, please visit: <https://www.fnha.ca/what-we-do/health-system/medication-return-event-grant>

You can apply for a grant application [here](#)

If you have any questions, please contact: [healthymedicationuse@fnha.ca](mailto:healthymedicationuse@fnha.ca)



[View this email in your browser](#)

## June 2023 Newsletter



### Environment

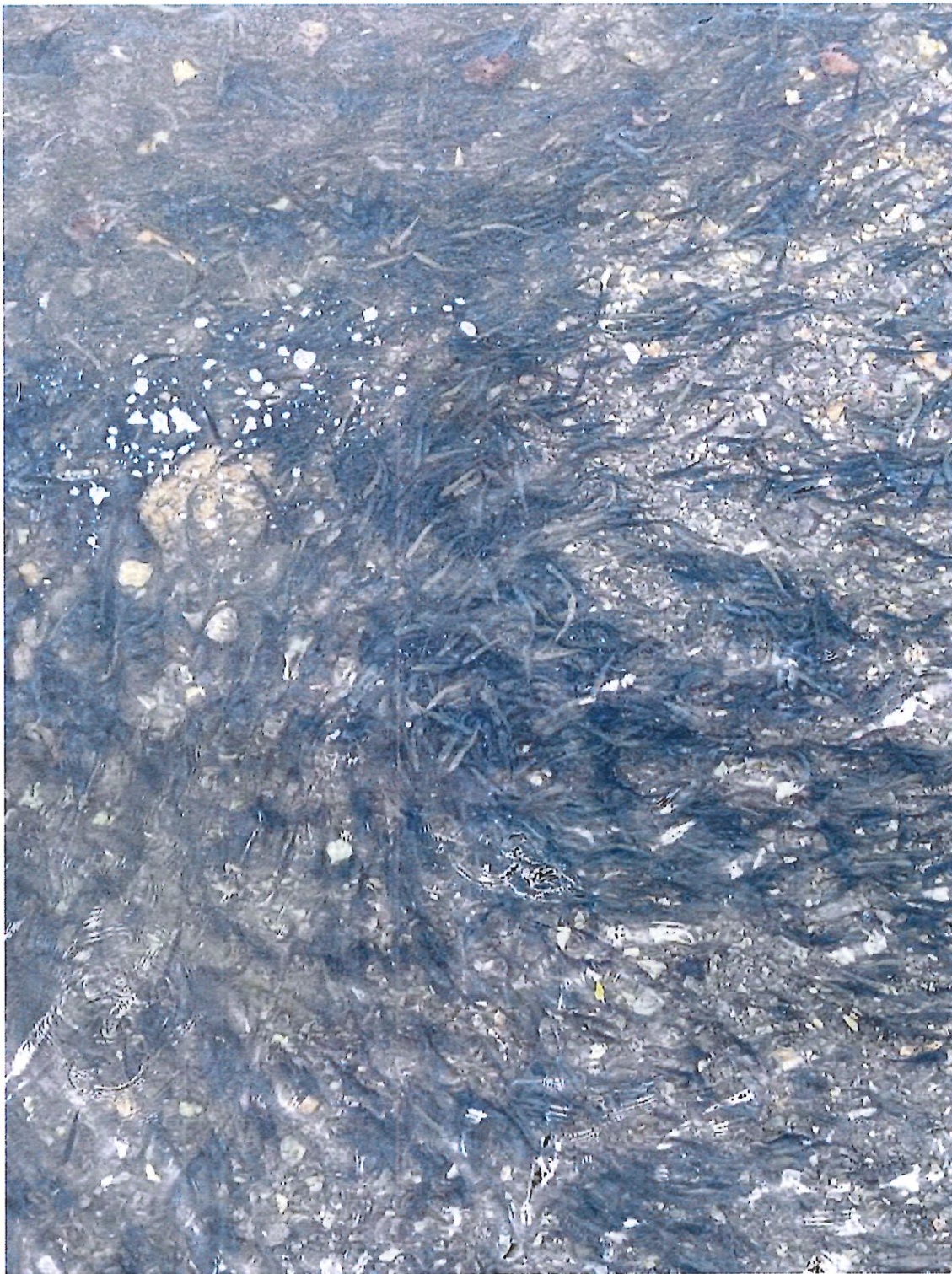


#### **Tsáqwmaž - Saskatoon berry - (*Amelanchier alnifolia*)**

This month's berry spotlight is out and blooming around the town of Lillooet. Tsáqwmaž, commonly known as Saskatoon berry or service berry, grows in sunny dry climates across British Columbia. The deciduous shrub grows to approximately 1–8 meters tall with green oval shaped leaves. The flowers are white with 5 petals and give way to a sweet, purple-hued berry within a few weeks of flowering. The berries are commonly consumed fresh or dried, and can be used to make juice, jams, or baked goods. In addition, the berry can be dried and added with meat to make pemmican, most common in the prairie provinces across Canada.

If you (or anyone you know) has a suggestion for future segments of "Berry of the Month" please drop an email to either one of SGS Environment technicians at [nmorgenstern@statimcgs.org](mailto:nmorgenstern@statimcgs.org) or [nandrascik@statimcgs.org](mailto:nandrascik@statimcgs.org)

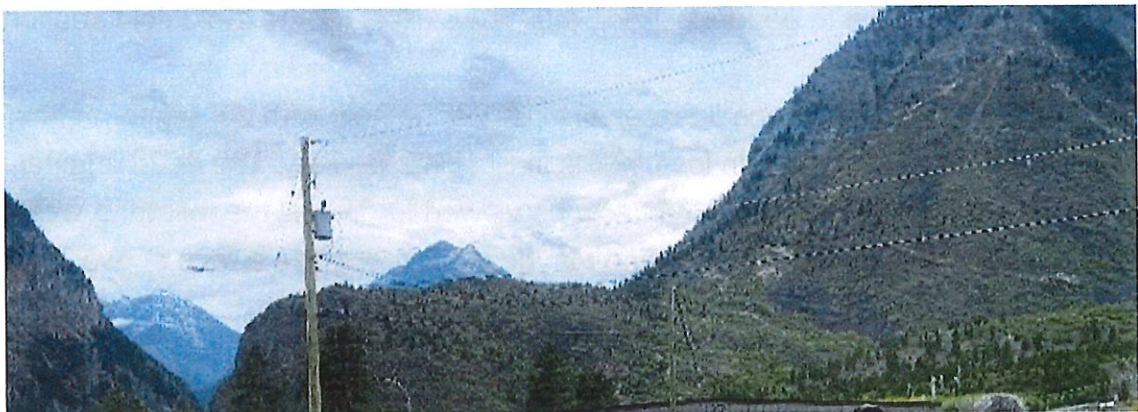
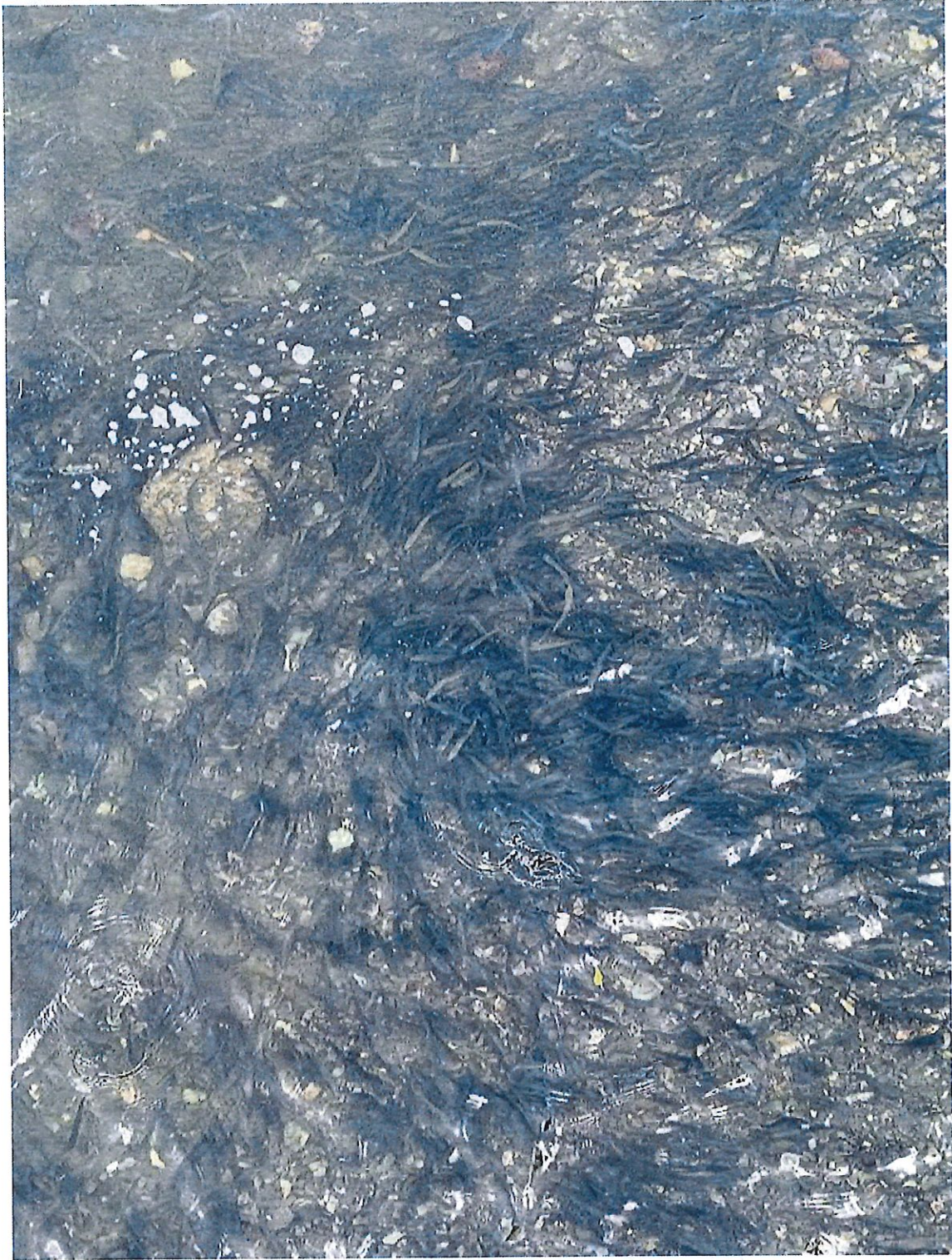




## **April 2023 Chinook Fry Release**

On April 26, SGS Environment participated in the chinook fry release at Seton Portage. These same chinook fry received PIT tags back in March 2023 at Tenderfoot Hatchery which the Environment team assisted with. Joined by the crew from Tenderfoot Hatchery, as well as students from Tsal'alh Primary school and community members, nearly 14,000 chinook fry were released into the waters of Seton Portage. The fry arrived from the facility at Tenderfoot, located in Squamish. The fry were contained in a tanker truck, carefully transported under professional supervision with









## May 2023 Drone Training

This May, members of SGS Environment and Heritage department completed their advanced drone training certification. Justin James from 11 Alpha Drone Ground School came up for the day to instruct on the basics of advanced drone flying. The training included the overview of flight manuals and Transport Canada flight regulations, followed by a brief introductory to hands-on drone flying where members passed their flight review testing. Equipped with Justin's knowledge and guidance, SGS Environment and Heritage completed Transport Canada's Advanced online exam to obtain their pilot certification for Small Remotely Piloted Aircraft System (RPAS) within Visual line-of-sight (VLOS). With this certification, SGS plans to utilize drones in their upcoming projects. Implementation of drones can be useful for non-invasive observations of wildlife (bighorn sheep, elk, mule deer), aerial flyovers of roads, and surveys of water systems. SGS would like to thank Justin James for his time and expertise, and we hope to get out utilizing this new skillset for the 2023 field season.

As mentioned above, the drone licences are planned to help with our bighorn sheep surveys to detect for Movi within local herds in St'át'imc territory. The 2022 original documentary called Transmission can now be viewed for free at the following website: <https://movifree.org/film>. Have a look and maybe you'll recognize a face or two in the film!

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## GIS

Talicia has been working closely with the Heritage and Environment departments on several projects this Spring. GIS support for the Heritage team has been focused on producing maps for BC Hydro projects, these maps have been used for notice of intents (NOIs) and reports. Talicia has also been updating data and preparing tablets for fieldwork for the crew. GIS support for the Environment team includes administering the Lightship program, producing maps, data management, field trips, tablet preparation for fieldwork, and attending meetings. Talicia attends meetings for a few working groups: Lajoie Technical Working Group, McKay Fire Rehab Planning, and the Fraser River Bighorn Sheep Working Group. She also frequently attends Esri webinars and has completed drone pilot training for advanced operations in May.





# Current Job Opportunities

Job postings



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